



# BREAKFAST

## Avocado toast

We smash our fresh avocados with a touch of salt and pepper and lime juice available with any of the below :)

-Plain Jane	4
-Tomato, spring onion, basil and balsamic and chia seeds	4.25
-Smoked salmon, cream cheese and cucumber	6
-Mediterranean prawn Mary Rose sauce tomato & smoked paprika	6
-Iberian Serrano ham, smoked paprika & parmesan	6
-Home roasted ham and honey & mustard salsa	6

## Granola and fruit

-Fresh fruit, greek yoghurt, granola and honey	4
-Granola, fresh fruit with soy / cows milk	3.50
-Fresh seasonal fruits	3.50

## Croissants

-Freshly baked croissant with sides of jam, butter and Nutella	3
-Freshly baked hot croissant with ham and cheese	4
-Cold croissant with smoked salmon, mayonnaise, lettuce and red onion	5
-Cold croissant with Mediterranean prawns and Mary Rose sauce	5

## Free range eggs

Huevo rotos; a classic Spanish breakfast.

Sautéed onion, potato and eggs available with:

-Iberian Serrano ham	7
-Chorizo	7
-Roasted vegetables	6

## Children

Crust cut white bread and fried egg	3
Toast butter and jam	2.50

## Tea & Coffee

Chai	3
Chai Latte	3.25
Pot of tea	1.75
Espresso	1.50
Espresso with milk	1.75
Double espresso	2.00
Americano	1.75
Coffee with milk	2.50
Cappuccino	2.50

**Mimosa 3 euros  
from 8.30am - Noon**

## Juices and smoothies

Our juices are freshly squeezed using the best seasonal fruits and vegetables

Orange	3
Apple	3.25
Orange & Apple	3.75

**Lemon Nectar:** orange, apple and lemon 3.75

**Synergy:** carrot, apple, cucumber and ginger 4

**Brain booster:** carrot, beetroot and lemon 4

**Detox:** pineapple, ginger, watermelon and orange 4

**Summer Breeze:** watermelon, orange and ginger 4

### Avocado & Banana Boost Smoothie

Avocado, honey, Banana and chia seeds 5

**Berry-Delicious:** mixed berries, banana, yoghurt, orange juice and honey 4

**Tropical Smoothie:** orange, banana, pineapple, yoghurt and honey 4

**Breakfast Smoothie:** muesli, apple, banana, greek yogurt, honey and milk 5

